



2018-19 IMD Alpine Handbook

Updated 1/4/2019

Intermountain Division — Alpine
PO Box 2354
Eagle, Idaho 83616
carma@imdalpine.org
208.412.8565
www.imdalpine.org

US Ski and Snowboard- Intermountain Division

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Introduction

This handbook is intended to assist race organizers and coaches for the various IMD race series. Some information on Western Region FIS races and IMD projects is included. The handbook includes IMD and US Ski and Snowboard rules as they pertain to the different race series, lists various required procedures for races and suggests additional procedures, which may be helpful for race organizers to follow. In addition to this handbook, you should refer to the following:

1. 2019 Alpine Competition Guide
2. US Ski and Snowboard Alpine Official's Manual
3. 2018 – 2019 Review & Update – Alpine.

Each of these references is available on the US Ski and Snowboard website and the IMD website, www.imdalpine.org.

This handbook also covers the selection procedures for Intermountain quota teams, the IMD Championships and the Tri-Divisional Championships.

The first section of this handbook lists recent IMD and US Ski and Snowboard rule changes. This is followed by a section that lists procedures common to all Intermountain race series. A separate section follows devoted to the details of each race series. A chapter on selection procedures for quota teams and the IMD

Championships is also included. Additionally, please familiarize yourself with the **US Ski and Snowboard Alpine Competition Regulations (ACR)** located in the Alpine Competition Guide for additional information.

For additional information, please contact the IMD Alpine Office or the IMD Alpine Competition Committee Chairman.

Carma Burnett, IMD Alpine Director
IMD Office
PO Box 2354
Eagle, Id. 83616
carma@imdalpine.org
208-412-8565

Gordon Perry, Chairman
IMD ACC
PO Box 150131
Ogden, UT 84415
gperry@snowbasinskiteam.org
435-714-3692

Divisional Governance

IMD Ski and Snowboard Inc. is a 501(c)3 non-profit corporation affiliated with US Ski and Snowboard, the national governing body for skiing and snowboarding. Its member clubs provide training and competition opportunities in the states of Idaho, Wyoming and Utah.

The business of the IMD shall be accomplished through the Discipline Competition Committees with oversight by the Board of the IMD. There are 3 recognized disciplines in the Intermountain Division: Alpine, Nordic and Freestyle. Each Discipline Competition Committee shall be established by the Board of the IMD, which may also establish policies relating to them and their sanctions, but the elected committee members shall be elected by the member clubs in the IMD.

The Alpine Competition Committee (ACC) shall be responsible for the development, encouragement, and participation of competitors within the various IMD/USSS competitive programs. They shall be responsible for the review and approval of applications for divisional competitive events. In addition, the ACC is the policymaking entity relating to all Alpine content.

2018-2019 IMD Board of Directors

The IMD Board of Directors will consist of a President and the Discipline Committee Chairs in addition to an athlete representative. The Treasurer and Secretary are non-voting members.

Steve Schowengerdt - President

Gordon Perry - Alpine

Wilson Dippo - Nordic

Jessica Hogg - Freestyle

Madison Hogg- Athlete Representative

Shannon Carrell, Treasurer (non-voting)

Carma Burnett, Secretary (non-voting)

Mike Hammer, Past President

2018- 2019 BOD Executive Committee

Steve Schowengerdt - President

Gordon Perry - Alpine

Wilson Dippo - Nordic

Jessica Hogg - Freestyle

Madison Hogg - Athlete Representative

2018-2019 Appeals Committee

Wilson Dippo

Steve Schowengerdt

Madison Hogg

Alpine Governance

The IMD Alpine Competition Committee is the policy-making entity for Intermountain Alpine. Twelve members will be voted to the IMD ACC each year at the IMD Spring Convention to be held after the US Ski and Snowboard Congress. In addition to the twelve members there are five appointed members. The five appointed members are: Alpine Officials Chairman, BOD President, Development Committee Chairman, Finance Committee Chairman and the Athlete Representative. A Chairman is elected by the ACC and serves a two-year term. In the second year of the Chairman's term, a Vice-Chairman will be elected with the intention of becoming the Chairman. The IMD ACC Chairman and Vice Chairman will represent IMD at the Western Region ACC.

2018-2019 IMD Alpine Competition Committee Members (ACC)

Gordon Perry, Chairman, SBN	Scott McGrew, Vice Chairman, SV
Todd Brickson, Rowmark	Steve Bounous, Snowbird
Mark Wedeking, Bogus Basin	Scott Mathers, Alta
Fletcher White, Teton Valley	Tyson Henrie, Sundance
Branko Zagar, Jackson	Drew Southworth, Brighton
John Buchar, Park City	Will Brandenburg, Sun Valley
Shannon Carrell, Finance Com. Chair	Troy Price, Dev. Com. Chairman
Steve Schowengerdt, BOD President, AO Chair	Brennan Rubie, Athlete Representative

ACC Committees

2018-2019 Executive Committee

Gordon Perry	Scott McGrew	John Buchar	Todd Brickson	Brennan Rubie
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2018-2019 Judicial Committee

Todd Brickson - Chairman	Gordon Perry	Scott McGrew
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2018-2019 Finance Committee

Shannon Carrell- Chairman	Troy Price	Fletcher White	Scotty McGrew
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2018-2019 Grant Committee

Scott McGrew John Buchar Branko Zagar Todd Brickson Steve Bounous

2018-2019 Calendaring Committee

John Buchar Branko Zagar Scott McGrew Mark Wedeking
Gordon Perry Steve Bounous

2018-2019 Officials Committee

Steve Schowengerdt- Chairman

Gail Barber Tami Strong Scott McGrew Mark Wedeking

2018-2019 Development Committee

Chairman- Troy Price

U14, North- Kevin Keene (JH)

U12/10, North- James Tautkus (SV)

YSL, North- Ben Roberts (BB)

U14, South- Jason Lance (PC)

U12/10, South- Tyson Henrie (SD)

YSL, South- Patrick Rice (PCFT)

2018-2019 Youth Ski League Committee

Patrick Rice (PCFT)- Chairman

Becky Stone- Past Chairman

Drew Southworth (BR)

Jeff Handwerk (SOL)

Megan Hanrahan (RM)

Tyson Henrie (SD)

Dar Hendrickson (PC)

Colby Granstrom (CV)

Scott Mathers (Alta)

Kurt Almond (PC)

Keith Brower (BH)

Divisional Meetings/Conference Calls

Meeting 1 Fall Conference Call (after WR call)

Meeting 2 Spring Conference Call (prior to April WR meeting)

Meeting 3 Friday evening prior to the IMD ACC meeting.

*Additional meetings will be scheduled as needed.

IMD Alpine Convention and Meeting

USSA Congress
IMD Convention

Park City, UT
Wendover, NV

May 14-18, 2019
May 29-30, 2019

Intermountain Division Information

Memberships in Intermountain Division

- Every IMD club must be a member club of US Ski and Snowboard.
- Every Club must pay IMD Division Club Dues of \$40.
- Every person racing in a US Ski and Snowboard sanctioned race conducted by a club affiliated with IMD must be a current member of US Ski and Snowboard, as specified in the US Ski and Snowboard Competition Guide.
- All Independent athletes need to inform IMD of participation.

Each person must be a member of IMD, with the following fees, per the US Ski and Snowboard registration form:

- Before October 16: U16 & Older Competitor - \$50.00
- Before October 16: U14 and Younger Competitor - \$20.00
- After October 15: U16 & Older Competitor - \$65.00
- After October 15: U14 and Younger Competitor - \$35.00

Alpine General Membership - \$15.00 (non-competitor)

US Ski and Snowboard Background Screening

US Ski and Snowboard is a youth sports organization with over 75% of its athlete members 17 or under. In keeping with the standards of many youth sports organizations, schools and recreational programs in America today, US Ski and Snowboard has implemented a strict policy on abuse, molestation and sexual harassment and animal cruelty. To support this policy, US Ski and Snowboard has also implemented a background screening process to help ensure that the environment in its athletic programs at every level is as safe as possible.

This process will include all US Ski and Snowboard employees, member coaches and officials.

US Ski and Snowboard SafeSport Code

As a condition of membership, all U.S. Ski & Snowboard members agree to abide by the SafeSport Code.

U.S. Ski & Snowboard prohibits the following conduct:

- Sexual Misconduct
- Physical Misconduct
- Emotional Misconduct

- Bullying, Threats and Harassment
- Hazing
- Willfully Tolerating Misconduct

Any member of U.S. Ski & Snowboard who is appointed to a position of authority over, or who has frequent contact with athletes must clear criminal background screening and complete SafeSport training every two years with a refresher required every other year. This includes U.S. Ski & Snowboard members holding a U.S. Ski & Snowboard coaching license, U.S. Ski & Snowboard members holding a U.S. Ski & Snowboard officials license, U.S. Ski & Snowboard members holding a U.S. Ski & Snowboard club volunteer membership and U.S. Ski & Snowboard members at U.S. Ski & Snowboard clubs whom the club formally designates to be in a position of authority over athletes, and the U.S. Ski & Snowboard Governance Board members.

Every U.S. Ski & Snowboard member must report suspected violations of the SafeSport Code. If you suspect that a child is experiencing misconduct of a sexual nature, don't investigate yourself. Call the SafeSport hotline and local child protection authorities (Police or Child Welfare Office) and report it to the experts who have the skills to investigate the matter. If you have a doubt on whether conduct is occurring, please err on the side of reporting. Conduct which does not involve sexualized conduct but which may violate one of the six categories of prohibited conduct may be reported to safesport@usskiandsnowboard.org.

IMD Clubs

Communications from Intermountain Division

IMD will communicate to all of the clubs and parents via telephone, emails, in person and through Google docs. Please set yourself up to share files.

Registration

It is mandatory for all IMD Teams to become IMD Club members and pay the team registration fees before the team can enter their athletes in IMD US Ski and Snowboard sanctioned races. A club contact list will be sent out in September and clubs will be responsible for updating the list and submitting payment. IMD Club fees are \$40 prior to October 15th and \$65 after October 15th. Club registration will be sent out via Google docs and payment can be made through the IMD Alpine website, www.imdalpine.org.

Speed Venue Subsidy

IMD will subsidize clubs hosting speed events for safety improvements up to \$1,000. Receipts must be submitted. IMD races that qualify for this subsidy are the Open SGs, the U16 qualifier SG, the U14 qualifier SG and the Speed Project.

AO Clinic and Mentorship Subsidies

IMD will allocate funds to Race Administrators and Timers who are able to help mentor clubs during their events. Please contact the IMD Alpine Office if you are interested. In addition, IMD Clubs can request a subsidy of up to \$300 for hosting an Alpine Officials Clinic. The subsidy is to help off-set costs. Receipts must be included in the request.

Divisional Alpine Awards

The Alan Hayes Intermountain Scholar Award, the Nick Lewis Intermountain Coach of the Year Award, the Steve Schowengerdt Volunteer of the Year Award and IMD Official of the Year Award are IMD's yearly awards. Nominations for Intermountain Scholar, including a high school transcript, a skiing biography, and letters of recommendation from teachers and coaches are due by May 15, 2019. The IMD Scholar must be a senior in high school and is designated for athletes who regularly participate and compete in IMD events. The same deadline applies to nominations for Intermountain Coach, Volunteer and Official of the Year. Awards will be given at the Intermountain Convention.

IMD Grant Program

IMD Alpine offers need-based grants to U16 and older IMD athletes who qualify for Championship events. These events include U16 Regional Championships, WRJC and US Nationals. Grant information is sent to all IMD Clubs and it is the club's responsibility to distribute the information.

Intermountain Alpine Junior Team

The 2018-19 IMD Junior Team will be named at the beginning of the 2018-19 season. The team will be in place until the new team is named the following December and will be comprised of 6 boys and 4 girls who were active IMD racers the previous season and will be active IMD U-21 or U-19 racers for the following season. IMD athletes that qualify but will not be returning to IMD to compete for the following season (move to the USST, went to college, retirement, etc...) will be named as honorary team members, and the selection process will continue until the 6 boys and 4 girls are named. The 10 members will each receive a \$500 IMD Grant to help with their race expenses for the season. In addition, they will receive free entry fees to all Intermountain Cup (IMC) races. IMD will reimburse the race organizers for the entry fee.

The qualification process will use a WC points method scored from the US National Points from the May points list as follows: The best point holders in each event will be scored by using new world cup points (100 points for the lowest points in an event, 80 for second lowest, etc... down to 1 point for the thirtieth lowest). Then each athlete's best three scores out of four from the DH, SL, GS, SG points lists will compose his/her total score.

2018-19 IMD Junior Team

Men		
	Alexander	
1	Birkner	Team FLO
Honorary	Andrew Miller	US Ski Team
Honorary	Spencer Wright	DU
Honorary	John Blackburn	MSU
Honorary	Scott Bocock	Rocky Region Far West
Honorary	Scott McGrath	Division
	2 Holden Parazette	Jackson Hole
	3 Jack Smith	Sun Valley
	4 Max Miller	Park City

Honorary	Nicholas Fontaine	Retired
5	Jeremy Mathers	Snowbird
Honorary	Hayden Terjeson	St. Lawrence
Honorary	Owen Doyle	MSU
6	Henry Hakoshima	Jackson Hole
Women		
Honorary	Katie Hensein	US Ski Team
1	Erin Smith	Sun Valley
Honorary	Kaitlyn Vesterstein	U of U/NCAA
	Charlotte	
Honorary	Townshend	UNH
2	Lily Fitzgerald	Sun Valley
Honorary	Skylar Cooley	Retired
Honorary	Ashley Lodmell	U of U
3	Allison Rathfon	Sun Valley
Honorary	Juliette Parke	U of U
Honorary	Ellie Martin	U of U
4	Brynne Hitchcock	Park City

Foreign Competitors/ U16 and Younger

Foreign competitors training in IMD will be allowed to participate in IMD races under the following conditions:

- 1.They are registered with US Ski and Snowboard and IMD and have paid the appropriate licensing fees.
2. In order for foreign competitors to be considered for IMD Teams, athletes must pay their divisional dues directly to IMD and declare their intent to be considered for these teams.

Clubs must submit a roster of ALL foreign competitors to the IMD office no later than Jan. 1. The roster must include U16 and younger competitors.

IMD Racing

Selections for WR FIS races are selected from National Points.

2018-19 Alpine Points List Dates

List	National Close	National Valid	FIS Close	FIS Valid	Masters
Fall/Base List	Aug. 1			June 13	
List 1	Aug. 1	Aug. 1	June 30	July 1	Dec. 1
List 2	Aug. 12	Aug. 16	Aug. 12	Aug. 16	Jan. 5
List 3	Sep. 2	Sep. 6	Sep. 2	Sep. 6	Feb. 2
List 4	Sep. 23	Sep. 27	Sep. 23	Sep. 27	Mar. 2
List 5	Oct. 14	Oct. 18	Oct. 14	Oct. 18	April 1

List 6	Oct. 28	Nov. 1	Oct. 28	Nov. 1	
List 7	Nov. 11	Nov. 15	Nov. 11	Nov. 15	
List 8	Nov. 25	Nov. 29	Nov. 25	Nov. 29	
List 9	Dec. 9	Dec. 13	Dec. 9	Dec. 13	
List 10	Dec. 23	Dec. 27	Dec. 23	Dec. 27	
List 11	Jan. 6	Jan. 10	Jan. 6	Jan. 10	
List 12	Jan. 20	Jan. 24	Jan. 20	Jan. 24	
List 13	Feb. 3	Feb. 7	Feb. 3	Feb. 7	
List 14	Feb. 17	Feb. 21	Feb. 17	Feb. 21	
List 15	Mar. 3	Mar. 7	Mar. 3	Mar. 7	
List 16	Mar. 17	Mar. 21	Mar. 17	Mar. 21	
List 17	Mar. 31	Apr. 4	Mar. 31	Apr. 4	
List 18	Apr. 14	Apr. 18	Apr. 14	Apr. 18	
List 19	Apr. 30	May 2	Apr. 30	May 2	
List 19	June 30	July 1			

Intermountain Division Quota's to Western Region Races

IMD Quotas: WR Calendar

Event	Dates	Location	Quota	Discipline	Notes
WR Open	12/15-18/18	Snowking	29M/24W	2 SL/2 GS	Standard Board/50% of expansion to 1 st year kids
Elite Tech Series	1/10-15/19	Big Sky	29M/24W	2 SL/2GS	Standard Board
WR Speed Qualifier	1/29-2/3/19	Schweitzer	35M/35W	2SL/2SG	Standard Board
WR Astle Elite	2/23-26/19	Park City/ Snowbird	29M/24W	2 SL/2GS	Standard Board

Qualifier					
WRJC	3/12-17/19	Alpine Meadows	37M/33W	2SL/2GS/ 2SG	Standard Board
U16 Regionals	3/14-17/18	Sun Valley	35M/27W	SL/GS/SG	WC Point Board
WR Open	3/19-22/18	Northstar	29M/24W	2SL/2GS	Standard Board/50% of expansion to 1 st year kids
U14 Regionals	3/21-24/19	Big Sky	23M/24W	SL/GS/SG	WC Point Board
Tri-Divisionals	3/21-24/19	Jackson	U16=19M/21W U14=48M/44W	SL/GS/SG	WC Point Board
WR Spring Speed	4/8-13/19	Mammoth	35M/35W	2 DH/2 SG	Standard Board
WR Spring Series	4/14-17/19	Mammoth	29M/24W	2 SL/2 GS	Standard Board

*Tri-Divisional Championships are 3 of 5 Divisions

IMD receives quotas for Western Region races. All IMD Teams sent to Western Region races will be selected and entered through the Intermountain Alpine Office. IMD will create selection boards for all WR FIS races and will post them on the WEST page on the US Ski and Snowboard website:

(<https://usskiandsnowboard.org/sport-programs/regions-divisions/intents/western-region-intents>).

Western Region nationally scored races will be posted to the IMD Alpine website. Boards will be available within 2 weeks of a race series. We will make every effort to use the most up-to-date National Points List. Coaches will be asked to pull and confirm all athletes prior to the 10-day deadline. Intermountain will enter all IMD athletes. Each club with athletes will be invoiced for entry fees at the conclusion of the race. Transportation, lodging and lift tickets will be the responsibility of each individual club. The IMD office will assign head coaches for each gender for out-of-division WR races.

IMD Coaching Staff

Coaching staffs for Intermountain projects must be finalized 7 days prior to the first Team Captains' Meeting. According to Western Region rules, an organizer will provide complimentary lift passes for coaches listed on the back of the entry form. The IMD Team will be entitled to one coach per gender plus one coach for each 10 competitors. In the event that IMD has more traveling coaches than allowed by the organizer to receive a comp ticket, the extra lift tickets will be purchased. After the event, the purchased tickets will be totaled and then split by the entire coaching staff minus the Head Coach ticket. Each club represented on the project will receive an invoice for the extra charges after the project is complete. Head Coaches for IMD projects will receive a \$50 per day per diem and staff coaches will receive a \$38 per day per diem.

Coach nominations for the U16 and U14 Championships must be made 14 days prior to the first Team Captains' Meeting. The IMD Alpine Director will decide the coaching staff for the U16 and U14 Championships. Please submit nominations to the Intermountain Alpine Office via e-mail (carma@imdalpine.org)

IMD Coaching Philosophy

All IMD Teams sent to Western Region races, with the exception of U16 and U14 Championships, will have a named coaching staff that will work with IMD athletes on the hill at the events. The coaching staff will also work together at the Team Captains' Meeting and represent all IMD athletes. At the conclusion of the event, individual teams will pursue separate agendas off the hill. Each event will have a named Head Coach for the men's and women's races at out-of-division WR FIS races. IMD will provide divisional radios for the entire staff to use. In the event that a team sends multiple coaches, only some of them will be provided with radios. All teams represented will receive at least one radio. All radios must be returned to the Head Coaches prior to leaving the race venue.

Intermountain believes that the effectiveness of its competitors depends on the cooperative environment that has been fostered between all of the clubs.

We believe that a competitor's success depends upon his/her ability to function effectively within the team that he/she is a part of at any given event and with the coaches for that team.

We believe that a coach's success depends upon his/her ability to work successfully with athletes regardless of their club affiliation or potential for success.

To that end, IMD will organize its teams to regional events and development projects as semi-integrated groups with all athletes and coaches working together on the hill to maximize the results of every athlete in the event. The affiliation of all athletes and coaches at these events will be Intermountain Division. IMD Coaches understand that as a member of the IMD coaching staff for a project, they have an obligation to cooperate with the remainder of the staff in executing the program that is agreed to, and that they have an obligation to all of the athletes involved in the project, particularly those that do not have a coach from their club on staff.

Head Coaches for IMD Quota Teams

IMD will pay Head Coaches a per diem of \$50.00 per day for all Head Coaches on assigned out-of-division IMD projects. The division will require teams to nominate staff for the Head Coaching positions. Coaches will be assigned on a first come, first serve basis.

Western Region U16 and U14 Championships

The U16 Championships will require shared lodging, on-hill and off-hill activities and staff. Transportation for the U16 Championships will need to be coordinated between the clubs. The U14 Championships will have a named staff and divisional hotel but clubs/families will travel on their own. Families may arrange for their own lodging or take advantage of a divisional room block. Athletes are required to attend on the hill and off the hill activities and team meetings.

ALL ATHLETES USING AN IMD QUOTA SPOT WILL SUBMIT AN ELECTRONIC TEAM AGREEMENT/CODE OF CONDUCT VIA THE IMD ALPINE WEBSITE.

Selection and Payment of Intermountain Teams attending FIS Races

Lists for Intermountain Teams will be completed two weeks prior to the event whenever possible. IMD Western Region Boards will be posted on the US Ski and Snowboard West website. The coaches need to confirm their athletes and athletes/teams need to send payment within 2 weeks of the conclusion of the event. Payments will be made after the conclusion of the event in case there are any race cancellations. IMD will make every effort to recoup funds from race organizers in the event of cancellations, injury or pulls. In the event IMD is not able to recoup money from organizers, the athlete/team is responsible for payment. Athletes who have delinquent bills from a prior year will not be allowed to use an IMD quota spot on future IMD projects.

IMD will accept team checks or personal checks for WR FIS races.

Selection and Payment of Intermountain Teams attending U14, U16 Regional Champs and Development Projects

Lists for Intermountain Teams will be completed two weeks prior to the event whenever possible. Boards will be posted on the IMD Alpine website. The coaches need to confirm their athletes and athletes/teams need to pay online prior to departure. Athletes who have delinquent bills from a prior year will not be allowed to use an IMD quota spot on future IMD projects.

IMD will accept team checks, personal checks or credit cards for these races.

Team Rules

All US Ski and Snowboard Association athletes participating in IMD races are required to abide by the US Ski and Snowboard Code of Conduct (please refer to the last page of this handbook).

IMD Athlete Quota Team Agreement

Members of IMD Quota Teams (U14 Regional Championships, U16 Regional Championships and IMD Development Projects) are required to *abide by the US Ski and Snowboard Code of Conduct*. Included in the Handbook is a copy of the US Ski and Snowboard Code of Conduct.

Additionally, team members:

- are prohibited from using or possessing illegal drugs;
- are prohibited from using or possessing alcohol; the exception being athletes who are 21 and older. Athletes who are of legal drinking age must refrain from buying, possessing or using alcohol in or around IMD Team housing and in the proximity of IMD athletes who are under the age of 21.
- are required to attend all team meetings unless excused by the head coach;
- will observe the curfew established by the coaching staff;

- will reside in the room to which they are assigned by their home Head Coach or by IMD when applicable, and share responsibility with their roommates for damages or rule violations that occur in the room when it is not possible to establish individual responsibility;
- will remain with the team on IMD cooperative housing projects, with the exception of local athletes who are able to stay at home.
- will observe any additional rules established by the coaches.
- under 18 are prohibited from using or possessing tobacco. Those 18 and older may not use tobacco in the team vans or housing, in the race arena, or in the presence of team members under 18.
- Will pay all fees prior to departure.

Discipline Guidelines & Violation Definitions

Violation Definitions

Major violations of Team Rules are:

1. Any violation involving drugs or alcohol.
2. Major curfew violations (more than 1 hour), theft, vandalism, or assault.
3. Any action resulting in arrest.
4. Any other offense determined to be particularly out of line by the Head Coach for the trip in consultation with the Intermountain ACC Chairman.

Minor violations of Team Rules are:

1. Any violation that is not a major violation.

Possible Disciplinary Action for Major Violations

Any sanctions imposed by IMD shall comply with the US Ski and Snowboard Code of Conduct. Possible sanctions include the following:

- Suspension from the team and loss of future team participation.
- Suspension from training and/or competition.
- Elimination of coaching, travel and other benefits.
- Turning the offending party or parties over to the local or state authorities if the offense is a violation of existing laws.

(The number of offenses will be accrued over the career of the athlete.)

1. First offense: The sanction for the first offense will be in effect on the next IMD quota trip for which the athlete is qualified in addition to any further sanctions imposed by the athlete's home program (in the case of independent athletes, by the athlete's parents). The Intermountain ACC Chairman and IMD Director are to be notified by the program or parents of the sanctioned athlete within 72 hours of the disciplinary action.
2. Second Offense: The sanction for the second offense will be in effect for one calendar year from the infraction. The Intermountain ACC Chairman and IMD Director are to be notified by the program or parents of the sanctioned athlete within 72 hours of the disciplinary action.
3. Third Offense: The athlete will be permanently ineligible for all Intermountain Quotas to Western Region, IMD, and out of region events.

In addition to the sanctions any athlete who is arrested may be left in the custody of the police until his/her parents arrange for his/her release and return home.

Athletes involved in a major rule violation who do not admit guilt at the time of the infraction will have the failure to admit guilt at that time count as an additional major violation of the rules for purposes of determining the sanction that will be applied.

Discipline Guidelines for Minor Violations

1. Sanctions for minor violations will be determined by the Head Coach for the event in consultation with other members of the coaching staff for the event, and may range from assignment to appropriate work details to suspension of some or all team services. Course reports, assistance with inspection, and the right to compete will not be revoked for minor violations.
2. Minor violations after the last race of an event, or recurring minor violations may result in a requirement that the racer travel and house with his/her parents for the next IMD Team quota event for which he/she qualifies. This decision will be made by majority decision of the Head Coach for the event at which the violation took place, the Program Director of the athlete’s home program (or a parent for an independent racer), and the Intermountain ACC Chairman.

Agreement

I, the undersigned racer, having read and understood the Team Rules above, agree to abide by them when I am at an event or traveling to or from the event.

I realize that a violation of these rules may result in my suspension from competition, and in the loss of any or all team services. I understand that I will forfeit the entire team fee in this case.

I realize that actions which are violations of the law may result in my being arrested, and that I may be left in the custody of the police until my parents arrange for my release and transportation home.

In the case of suspension from competition at the event, I understand that I have the right to immediately appeal against this suspension to US Ski and Snowboard and I am familiar with the procedure that I must use to exercise this right. In the case of all other sanctions applied by the division, I understand that I have the right to a hearing before an impartial panel appointed by the IMD President. To exercise this right, I must request the hearing within five days of my verbal notification of the impending action or of the mailing of written notification of the impending action to the address on file with the Intermountain ACC. I may request a reasonable time to prepare my case, but must be prepared to appear prior to the entry deadline for the next event in which I wish to participate.

This agreement shall be valid for the entire 2018-2019 competition season. Please go to www.imdalpine.org and fill out the electronic copy of this agreement.

Intermountain Division Races/Series

Head Tax and Entry Fees

Maximum entry fees and head tax rates are:

Series	Entry Fee	USSA Head Tax	WR Head Tax	IMD Head Tax	Organizer Portion
IMC/U16/Open	\$37.00	\$10.00	\$4.00	\$8.00	\$15.00
Super-G	\$40.00	\$10.00	\$4.00	\$8.00	\$18.00

U14	\$34.00	\$10.00	\$4.00	\$5.00	\$15.00
Super-G	\$37.00	\$10.00	\$4.00	\$5.00	\$18.00
North/South (ALL)	\$22.00	\$0.00	\$1.00	\$4.00	\$17.00
YSL	\$20.00	\$0.00	\$1.00	\$4.00	\$15.00

A \$10 training fee may be added to SG and a \$30 training fee may be added to DH

* If a race organizer accepts online registration for non-scored races, US Ski and Snowboard keeps 5% of the entry fee for administrative fees.

Entries and Entry Fees

US Ski and Snowboard and IMD rules limit participation in IMD races. Participants must meet membership and license requirements established by the division and the national organization as well as age and other requirements established by the division for each race series. Details are included in the section for each race series. Organizers may be responsible for the membership and license fees of any unlicensed participants in their race.

IMD establishes maximum entry fees for each race series, which organizers may not exceed. IMD will reimburse organizers head tax for athletes they choose to comp that are one of the top 5 point holders in the race. It is up to each individual organizer whether or not they will comp entry fees for the top 5 point holders in an IMC race.

IMD's Junior Team will receive complimentary entries at IMC races. IMD will reimburse organizers for team members participating in these races.

Race Registration

It's the race organizer's choice on how they accept race entries and payment for IMD Races. If a race organizer uses the US Skiing online race registration there is no need to send in Head Tax to IMD after the event. It will be sent by US Skiing to IMD. Refunds after an event should be processed as soon as possible following the event. The method of entry and payment must be indicated on the race announcement.

Race Cancellation Refund Policy

For events canceled prior to the first scheduled Team Captains' Meeting, there will be a complete refund of all paid entry and speed training fees.

For technical events canceled by the jury on the day of competition there will be an entry fee refund amount equal to applicable head tax and one half (1/2) of the organizer's portion. This allows the organizer to retain one half (1/2) of the organizer's portion (currently \$5.00- \$7.50 per entry depending on the level of competition).

For speed events canceled by the jury on the day of competition, there will be an entry fee refund amount equal to the applicable head tax. This allows the organizer to retain the organizer's portion (currently \$17.00) per entry. In the event a training run (defined as: *a training course set on the course used for the actual competition with set similar to the intended race course or just free skiing the hill*) is canceled, the organizer **is not required** to refund the \$10.00 training run fee.

In the event a race is stopped and eligible to be scored refunds for competitors “Not Permitted to Start” (NPS) should be refunded as in the above stated refund policy.

The organizer and host ski area must make all possible effort to hold the event as assessed and reported in the minutes of the Jury decisions. Appeals must be filed within 72 hours of the end of the event. All appeals will be reviewed by the Judicial Committee.

Outstanding Head Tax

All US Ski and Snowboard, Western Region and IMD event head taxes are required to be paid within seven days after the completion of the event. Any organizer with outstanding head taxes due at the time of the IMD Alpine Spring Meeting will not be eligible to bid on or host Intermountain Division events for the following season.

Elements Common to all Races

Out-of-Division Racers in IMD Race Series

Racers from out-of-division are welcome to IMD race series as long as the field size permits the additional athletes. All requests must originate from the other division directors to the IMD Divisional Director. A maximum of 10w/10m can be requested by any one team. Out-of-division racers cannot qualify for IMD Championship events and may not race in races where there are qualifying prerequisites for that race.

Race Announcement

A race announcement should be sent to the IMD office and posted to the IMD Alpine website. The race TD should receive a copy of the announcement.

The race announcement should include information on the event — number of races, discipline, and training dates for Downhill and Super G, start times and data on the course that will be used. The entry deadline and the email address should be included. The names of the TD and the Chief of Race should be listed along with the time and location of the first Team Captains’ Meeting. For non-scored races, please include lift and ticket window opening times. It is also recommended that a women’s and men’s referee be assigned and that the protest period is at the end of each run.

All initial team captains’ meetings must not be scheduled prior to 7:00 pm to allow for travel time. The location and time for awards, relative to the end of each day’s race, should be included.

The Organizing Committee and the Jury

In addition to forming the Race Committee, it is the responsibility of the race organizer to supply certain officials — the Chief of Race, Chief of Course, Chief of Timing and Calculations, Race Administrator, the Start and Finish Referees and forerunners. The IMD Alpine Director appoints the TD. The Referee and (for speed events) the Assistant Referee are appointed by the TD at the Team Captains’ Meeting, normally from the coaches present for the race. US Ski and Snowboard rules and the terms of the U.S. Ski Snowboard liability insurance policy require that all of these officials and the course setters be participant members of US Ski and Snowboard as a coach or official or be

qualified members of foreign federations recognized by FIS. (If a foreign FIS Federation lists a coach on their entry form, the Federation is certifying that the coach has the knowledge and ability to fulfill the duties of a Team Captain, including serving on the Jury or setting a course). Under US Ski and Snowboard rules, all coaches must have a Professional Coach license for course access and to be eligible for a complimentary coach's pass.

The organizer is also responsible for supplying forerunners (who must be US Ski and Snowboard members) for the race (US Ski and Snowboard ACR section 2.1.6), the start and finish officials (US Ski and Snowboard ACR 2.2.2), and an adequate number of qualified Gate Judges (US Ski and Snowboard ACR 2.7).

Course Setters

Course setters are nominated by the Team Captains and appointed by the Jury. US Ski and Snowboard and IMD rules require that course setters be US Ski and Snowboard Professional Coach members. This applies to course setters of the race organizer as well as those from visiting programs. Qualified coaches from out-of-division teams participating in Intermountain races can be offered the opportunity to set, provided that they are also willing to assist with Jury duties. Course setters are required to have a level 1 Referee certification.

Coaches' Passes

The race organizer is required to supply complimentary lift passes to the licensed coaches of registered IMD teams and visiting out-of-division teams. The organizer may place reasonable limits on the number of coaches per team by noting the limits in the race announcement. At minimum, the organizer should meet the Western Region quota of one coach per gender plus one additional coach for each ten racers or portion thereof. (A team with a single racer would be allowed two coaches, a team with one boy and one girl would be allowed three coaches, a team with 11 total boys and girls would be allowed four coaches, etc.)

The organizer has no obligation to supply passes to, or allow course access by, persons who do not appear on the roster of licensed coaches valid for the race, unless they are licensed coaches of visiting out-of-division teams.

Race Event Forms

Race event forms are provided by US Ski and Snowboard. "Report by the Referee" forms and gate judge cards will be distributed by US Ski and Snowboard for properly sanctioned events on the US Ski and Snowboard calendar. Additional required race forms and information for the 2018/2019 season can be found in the Master Packet of forms that is available for downloading from the US Ski and Snowboard's web site at (www.us skiandsnowboard.org).

Race Results Submission

Race Results must be emailed to both US Ski and Snowboard and IMD following an event. A hard copy (text or PDF version) of the results should be emailed to the IMD Director, to the IMD Web Master and text version only to "imdboards@imdalpine.org" following each day's events. A copy of the TD report, signed by the TD, and the Race Transmittal sheet must be either electronically scanned and emailed or mailed to the

IMD office within two days following the event. The Head Tax Accounting sheet and Head Tax check must also be mailed to the Intermountain Office within two days of the completion of your race series. DO NOT SEND HARDCOPIES OF THE FULL RACE RESULT PACKETS TO THE IMD OFFICE.

For US Ski and Snowboard, the XML result file must be exported from the result software and emailed to "alpineresults@usskiandsnowboard.org" for each race coded for electronic scoring in the US Ski and Snowboard system. This applies to scored and non-scored events.

Result headers must include the names of the Jury, the course data including start and finish elevations and vertical drop, the USSS/FIS Homologation number, the number of gates/turning gates, and the course setters and forerunners for each run. Results for SG and DH must also include the measured (gate to gate) course length. Racer US Ski and Snowboard numbers are required, and DNFs, DNSs, NPSs and DSQs must be shown. The BIB number and year-of-birth of each racer is required on all US Ski and Snowboard results. The results must be signed by the TD and minutes of protest meetings must be signed by each Jury Member. ALL RESULTS MUST HAVE A CLUB DESIGNATION FOR EVERY ATHLETE. Club abbreviations have to be standardized for all races. Please refer to the club contact list for the correct abbreviation.

Non-scored races must be sorted per age class.

For a detailed explanation for the submission of the full US Ski and Snowboard race result packets, see document 50 "US Ski and Snowboard Race Result Document Packet" that can be found in the Master Packet of Forms on the US Ski and Snowboard website.

A Timing and Data Technical Report (TDTR) form must be completed for each scored and non-scored competition and submitted with the result packet to US Ski and Snowboard.

Standardized Club Abbreviations

IMD Alpine Teams			
Alta Race Team	ALTA	Peak Ski Racing Academy	PSRA
Bogus Basin SEF	BB	Pebble Creek	PBC
Brian Head ST	BH	Rowmark Ski Academy	RM
Brighton Ski Team	BR	Snowbasin Ski Team	SBN
Cache Valley	CV	Snowbird SEF	SB
Groundswell Athletics	GA	Solitude	SOL
Jackson Hole Ski Club	JHSC	Sun Valley SEF	SV
McCall WSC	MWSC	Sundance	SD
Park City Farm Team	PCFT	Teton Valley SEF	TVSEF
Park City Alpine Club	PCAC	Utah Alpine Ski Club	UASC
Park City Ski and Snowboard	PCSS		

Head Tax

All IMD Alpine races, except for Masters and Collegiate, are subject to head tax. The

head tax is based on the number of competitors who start in each race. First run DNSs are not taxed (if they are not charged entry fees). All DNFs, DSQs and second run DNSs are taxed. Please refer to the head tax chart on page 18.

Three separate checks for the US Ski and Snowboard, Western Region and IMD head tax need to be submitted to the IMD Alpine Office (IMD head tax) and the US Ski and Snowboard Office (WR and USSS head tax) along with the results.

If a RO chooses to use U.S. Ski and Snowboard online registration, all head taxes will be calculated by U.S. Ski and Snowboard and distributed.

Helmets

All U14 and older competitors must have an updated helmet for GS and Super-G. Helmet stickers will be checked at the start of all U14 and older events

Back Protection

IMD suggests that U14 and older athletes wear back protection in speed events. It is not a requirement to participate.

Snow Control

Any change in schedule due to snow conditions or for any other reason requires an ACC vote. If a race is in jeopardy of being canceled, the Race Organizer needs to make it public 2 weeks before the event. In the event that the race is canceled, it must be done 10 days before the scheduled competition for speed events and 7 days before the scheduled competition for tech events.

2018-2019 Race Schedule

Dec.	Name	Discipline	Series	TD
15-18	WR Open, Snow King Resort	2SL/2GS	Western Region	N/A
20-23	Sean Nurse Open, Snow King Resort	2SL/2GS	Open	Borrenpohl
Jan.	Name	Discipline	Series	TD
10-15	Elite Tech Series, Big Sky	2SL/2GS	Western Region	N/A
11-13	IMC U16 Q, Snowbird	2SL/1GS	IMC U16 Qualifier	Denis
11-13	Junior Intermountain Cup U14 Q, Sun Valley	2SL/1GS	U14 Qualifier	Streicher
12-13	North GS, Snow King Resort	2GS	North Series	Hammer
12-13	South Series GS, Park City	2GS	South Series	Evans
19-21	Wes Barron Open SG, Jackson	3SG	Open	Denis
25-27	U14 Speed Project, Grand Targhee Resort	Speed Elements	IMD U14	N/A
26-27	YSL, Snowbird	GS	Youth Ski League	Goldschmidt
	1/2 YSL races Sat./ 1/2 YSL races Sun.			
29-3	WR Speed Open, Schweitzer	2SG/2DH	Western Region	N/A
Feb.	Name	Discipline	Series	TD
2-3	North SL, Bogus Basin	2SL	North Series	Burnett
2-3	South SL, Sundance Resort	2SL	South Series	Price
8-10	Junior Intermountain Cup U14 Q, Snowbasin	3SG	U14 Qualifier	Borrenpohl
9	YSL, Brighton	GS	Youth Ski League	Goldschmidt
10	YSL, Sundance Resort	GS	Youth Ski League	Stone
16-18	Trudi Bolinder, Bogus Basin	3SG	IMC U16 Qualifier	Denis
23-26	WR Bryce Astle Elite Tech, Park City/Snowbird	2SL/2GS	Western Region	N/A
23-24	North SL/GS, Sun Valley	SL/GS	North Series	Schowengerc
23-24	South SL/GS, Snowbasin	SL/GS	South Series	Streicher

23-24	YSL, Sundance Resort	SL	Youth Ski League	Stone
	1/2 of YSL races Sat./ ½ races Sun.			
Mar.	Name	Discipline	Series	TD
1-3	IMC U16 Q, Sun Valley	1SL/2GS	IMC U16 Qualifier	Burnett
1-3	Junior Intermountain Cup U14 Q, Park City	1SL/2GS	U14 Qualifier	Stone
9-10	YSL Championships, Brian Head Resort	SL/GS	Youth Ski League	Streicher
12-17	WR Junior Championships, Alpine Meadows	2SL/2GS/2SG	Western Region	N/A
14-17	WR U16 Championships, Sun Valley	SL/GS/2SG	Western Region	Schowengerc
15-17	Intermountain Championships, Snowbasin	SL/GS/PS	North/South Series	Burnett
19-22	WR Open, Northstar	3SL/2GS	Western Region	N/A
21-24	Tri-Divisional Championships, Jackson	SL/GS/SG	IMD U14/U16	Price
21-24	WR U14 Championships, Big Sky	SL/GS/SG/SQ	Western Region	N/A
23-24	IMD Finals, Snowbird	SL/GS	IMD U14/U16/U18	Goldschmidt
Apr.	Name	Discipline	Series	TD
4-7	IMC/Open Snow Cup, Snowbird	2SL/2GS	IMC/Open	Schowengerc
5-7	Spring Development Project, Grand Targhee Resort	Skills/Racing	IMD U14	N/A
8-11	WR Elite Spring Series, Mammoth	2SL/2GS	Western Region	N/A

Technical Delegate Subsidy

All TDs are entitled to a \$75 per day stipend when working races. In an effort to help race organizers, IMD will reimburse the RO for the \$75 per day expense. IMD will reimburse clubs for the \$75.00 per day TD. fee If the TD requests the stipend. Stipend reimbursements may include travel, training and race days. Re-imbursement forms will not be accepted after May 1, 2019. You can find the TD Reimbursement Form on the IMD Alpine Website.

Race Series

2018-19 Age Classes

- SR Ages 21 and older (born 1997 or earlier)
- U21 Ages 19 and 20 (born 1998 or 1999)
- U19 Ages 16-18 (born 2000, 2001 or 2002)
- U16 Ages 14 and 15 (born 2003 or 2004)
- U14 Ages 12 and 13 (born 2005 or 2006)
- U12 Ages 10 and 11 (born 2007 or 2008)
- U10 Ages 8 and 9 (born 2009 or 2010)
- U8 Ages 7 and younger (born 2011 and later)

Qualifying Procedures

IMD World Cup Point Selection process to Intermountain selected

Championship events. IMD will use the World Cup Point scoring 100-1 system to select U16 Regional Championships and Intermountain Championships. The U14 Regional Championship, Tri-Divisional Championships and Intermountain Championships will use a modified World Cup point scoring 200-1 system. In all qualifiers, **where there are more than two races in a single discipline, IMD will use the best two**

results. In the event that there are only 2 races in a single discipline, IMD will use the best result in that discipline and double it. If there is only one race in a discipline, IMD will use the 1 result and then double it. In the event of tie-breakers, IMD will use the **very best** WC point result in ANY discipline, if there is still a tie, IMD will use the **second best** WC point result in ANY discipline and continue the process until the tie is broken. For the Western Region Junior Championships, IMD will use a USSA seed point board. The board will read SL, GS, SG, from left to right.

Western Region Junior Championships Qualifying

IMD will select the WRJC team based on National points. There will be no participation requirement in IMC races in order to qualify. Up to 20% of the quota may be used for discretion. All competitors vying to be on the IMD WRJC team must have a valid US Ski and Snowboard, FIS and IMD Competitors license.

Selection Procedure

All athletes that are U21s and U19s will be ranked according to their National points in SL, GS and SG. Selection proceeds left to right starting with the athlete with the lowest points in slalom. If a racer is already picked then that racer gets skipped and you pick the next one.

	US Seed Point Board	
SL	GS	SG
A	X	D
F	A	E
X	F	G
B	E	C
M	N	A
G	O	L

Selection for a 12-person, 3-event team would be: A,X,D,F,E,G,B,C,M,N,O,L

The Western Region Junior Championship Team will be named no later than February 23, 2019. The National List #14 will be used for selection. The team will consist of 29m/24w. All team members will receive an IMD jacket in order to represent our division to the best of their abilities. The 2018 Western Region Junior Championships is a FIS event and will be held on March 12-17, 2019 at Alpine Meadows.

The Intermountain Cup U16 Qualifying Series

IMC races will consist of US Ski and Snowboard scored races. IMC races in this series are nationally scored and are seeded on the basis of the US Alpine Points List valid for the race. All competitors competing in the IMC races should have a valid USSS license. World Cup points, awarded to the top 30 finishers in each race are used to determine individual discipline and overall champions for the entire season as well as selection to the U16 Regional Championships and Tri-Divisional Championships. The IMC DH title will be selected from the WR Speed Series (Schweitzer) and will not count towards the overall IMC standings.

Entries

Intermountain Cup Slalom, Giant Slalom and Super G races are open to all Intermountain A, U21, U19 and U16 competitors. Certain races are designated as qualifiers.

Northern Division may enter eight boys and six girls in Intermountain Cup races. The entries will be made by the Northern Division Director. These entries do not need to be cleared with the Intermountain Office or ACC Chairman.

Other out-of-division racers, and foreign competitors not on the list of properly licensed competitors must be approved by the Intermountain Office or ACC Chairman.

Entry Deadlines

The entry deadline is 72 hours before the first draw. If an organizer feels there will be too large of a field to handle all entries, the organizer may make the entry deadline 4 days prior to the first Team Captains Meeting. This will ensure that clubs do not bring kids who might not be able to race. The entry deadline must be published in the race announcement. Race organizers may refuse entries from teams and individuals that do not meet the entry deadline.

Entry Fees

Maximum entry fees for Intermountain Cup races have been established by the ACC

Organizers are required to make full entry refunds to racers who are removed from the ranking board prior to the draw. Refunds for racers who are on the start order but do not start, are at the discretion of the organizer. In general, where a team has made a conscientious effort to make a correct entry, the organizer should only charge for racers who actually start. Organizers who intend not to make refunds for DNSs should indicate this in their race announcement. If an organizer does not refund the entry fees of first run DNS's, then the head tax must be paid on these racers.

Head Tax

US Ski and Snowboard races are subject to head taxes.

Team Captains' Meetings

The organizer should schedule the first Team Captains' Meeting at 7:00 p.m. to allow for travel. Teams that are unable to attend a Team Captains' Meeting for any reason should arrange to be represented by someone who will be at the meeting. It is the responsibility of all teams and independent racers to be aware of the decisions that are made at the meetings. Clubs or athletes represented by a Team Captain from another club must acknowledge in writing receipt of a copy of Team Captains' Meeting Minutes and Program.

US Ski and Snowboard rules require that all racers be represented at all Team Captains' meetings. The organizer should call the roll at every meeting and exclude any unrepresented racers from training and racing.

Start Order

Intermountain Cup US Ski and Snowboard races are seeded on the basis of the current National Points List.

Penalty Calculation

IMC Series races are seeded on National points. IMC races are nationally scored races and the penalty must be calculated using the USSS points list. It is the responsibility of the race organizer to remind the Technical Delegate that the computer generated penalty calculation needs to be checked manually against the valid US Alpine points list.

Bryce Astle IMC Awards

The Intermountain Cup Overall Title will be awarded to the individual with highest point total using 4 Slaloms, 4 GSs, 2 SGs and then combined. If only 1 race is contested then the result will be doubled. All athletes will be considered in the total regardless of whether or not the athlete competes in all 3 disciplines. The highest-total point holder will be awarded the overall. The Intermountain Downhill Title will be awarded based on World Cup Points earned at the WR Schweitzer Downhill. The award ceremony will take place at the Snow Cup series. The IMC races are: Sean Nurse-Jackson and the Super G's- Bogus Basin, the Tech races are: Sun Valley and Snowbird and the Snow Cup - Snowbird.

Leader Bib

The overall IMC will be tracked for the entire season. The IMC will have season-long leader bibs at each IMC. The men and women's leaders will wear the bib during the race. The leader bibs will be returned every night and it will be issued the following morning/race to the new leader. If the overall leaders are not at the race, the leader bib will not be worn. The overall Bryce Astle winners will keep their bibs at the end of the season.

U16 World Cup Points

World Cup points are awarded to the top 30 athletes in the U16 Qualifying races. The best two results in each discipline will be used and then combined into one list for selection to U16 Regional Championships and Tri-Divisional Championships. Any non-IMD athletes will be purged prior to assigning World Cup points. Foreign athletes must declare membership with an IMD club in order to earn World Cup points

IMD will use the IMD World Cup Point Selection process to IMD selected Championship events.

Racers must complete and return an IMD Team Agreement prior to attending the U16 Regional Championships or Tri-Divisional Championships.

Trophies

One set of trophies (1st-3rd place) is required for the IMC U16 Series races.

Intermountain U16 Regional Championship Team

Intermountain will field a team of 35 men and 27 women to the U16 Regional Championships at Sun Valley on March 14-17. Up to 20% of the quota may be used for development discretion if extraordinary circumstances arise. IMD team members will room with their peers and be involved in all team activities during the event. Local Sun Valley athletes will be exempt from lodging and meal package. Teams will travel on March 12. IMD will provide a staff of 10 coaches to help with the entire team. All IMD staff members regardless of what team the coach and athlete are from will treat all athletes equally. All team members will receive a team jacket in order to represent our division to the best of their abilities.

Athlete seeding at this event will be based on National Seed Points in each discipline. IMD is given a preset number of spots within every seed in which we can place our skiers.

The U16 Championship Team will be named no later than March 4.

Intermountain Tri-Divisional Championship Team

Intermountain will field a team of 19 men and 21 women to the Tri-Divisional Championships at Jackson Hole on March 21-24. Alaska Division's quota is 4 men and 4 women and Northern Division's quota is 7 men and 5 women. This event will consist of 1 SL, 1 GS and 1 SG. Athlete seeding at this event will be based on National Points in each discipline. Intermountain is given a preset number of spots within every seed in which we can place our skiers.

The selection method for this series is the IMD World Cup Point Selection Process to Intermountain selected championship events with the following added provisions:

1. Athletes will be selected after the U16 Regional Championships selection has been announced, by continuing down the same selection board.
2. Ties within Overall Rank are broken by using the best result; then continue with the 2nd best, 3rd best, and so on until the tie is broken.
3. Alternates will be selected until the quota is filled.
4. Up to 20% of the U16 quota may be used at the discretion of and determined by the IMD Director.

Awards

A set of 1st place through 5th place awards are required per gender, per age class. In addition, an overall award per gender, per age class is required.

The Tri-Divisional Championship Team will be named no later than March 5th. IMD will enter all athletes who have qualified for the Tri-Divisional Championships.

Coaches must confirm their athlete's intent to compete via the google doc provided by the IMD Director.

Open Series Races (2nd Year U14s and older)

The races in this series are open to all 2nd year U14s and older competitors in the North and the South. These races are nationally scored and will be seeded off the National points list valid for this race. This race is not used for selections and may have a point cut-off in order to manage the field size.

Entries

Participants in the "Open" race must have a US Ski and Snowboard Alpine Competitor or U14 license. The "Open" race is open to all properly licensed 2nd year U14s and older class competitors.

Second year U14s, with a valid US Ski and Snowboard license, are eligible for the Sean Nurse in December, the Jackson SG's and the Snow Cup races in April.

Entries for out-of-division racers and foreign competitors must be approved by the Intermountain Director.

Entry Deadlines

The entry deadline is 3-4 days prior to the first Team Captains' Meeting due to the possibility of the fields being unmanageable. The deadline will be posted on the race announcement.

Race organizers may refuse entries from teams and individuals that do not meet the entry deadline. When an organizer accepts a late entry, the racer may be seeded at the end of the field.

Entry Fees

Maximum entry fees for the "Open" races have been established by the ACC

Organizers are required to make full entry refunds to racers who are removed from the ranking board prior to the draw. Refunds for racers who are on the start order but do not start, are at the discretion of the organizer. In general, where a team has made a conscientious effort to make a correct entry, the organizer should only charge for racers who actually start. Organizers who intend not to make refunds for DNSs should indicate this in their race announcement. If an organizer does not refund the entry fees of first run DNSs, then a head tax must be paid on these racers.

Head Tax

These races are subject to head taxes.

Team Captains' Meetings

The organizer should schedule the first Team Captains' Meeting at 7:00 p.m. to allow for travel time. Teams that are unable to attend a Team Captains' Meeting for any reason should arrange to be represented by someone who will be at the meeting. It is the responsibility of all teams and independent racers to be aware of the decisions that are made at the meetings. Clubs or athletes represented by a Team Captain from another club must acknowledge in writing receipt of a copy of the Team Captains' Meeting Minutes and Program.

US Ski and Snowboard rules require that all racers be represented at all Team Captains' meetings. The organizer should call the roll at every meeting and exclude any unrepresented racers from training and racing.

Penalty Calculation

The penalty must be calculated using National points. It is the responsibility of the race organizer to remind the Technical Delegate that the computer generated penalty calculation needs to be checked manually against the valid US Alpine points list.

Trophies

One set of trophies (1st-3rd) is required for the "Open" race.

The Junior Intermountain Cup U14 Qualifying Series

The races in these series are scored and are seeded using the TRS (totally random sort) method. Even though this race series is scored, IMD strongly feels that for this age group a TRS sort will benefit the athletes and their development rather than seeding athletes based on their National points. The philosophy is to provide athletes with an established point profile as they become U16s. There are many athletic and social benefits to using the TRS method as they develop skills during their years in our Junior IMC series.

World Cup points, awarded to the top 60 Intermountain U14 finishers in each race, are used in the selection of the U14 Regional Championships and Tri-Divisional Championships Team.

Course Requirements

The US Ski and Snowboard Alpine Competition Regulations specify course standards for races that are open to all U14 competitors. These standards may be reviewed in the Alpine Competition Guide.

U14s are required to participate in an official SG training run.

Slalom

Slalom gate size shall be 27mm in diameter and 72 inches off the snow (FIS Type B).

Course Data

Course data, including course name, start and finish elevations and vertical drop in meters, and gate counts must be included on results for all Junior Intermountain Cup races. The start and finish elevations should be established from topographical maps or lift profiles, not with an altimeter. For Super Gs, the actual gate-to-gate length of the course, measured with a wheel, measuring tape or GPS, also needs to be included on the results.

Entries

Participants in Junior Intermountain Cup races must have a US Ski and Snowboard U14 license or a Competitors license. U14 Qualifying races are open to all properly licensed U14 class competitors

U12s may not apply for authorization to participate in U14 Series races.

U16 and older racers may participate if they have US Alpine points over 200. The U16 and older class will not have their own age class.

Out-of-division racers and foreign competitors must be approved by the Intermountain Director

Entry Deadlines

The entry deadline is 72 hours before the draw, including the draw for the first Super-G training. Race organizers may refuse entries from teams and individuals that do not meet the entry deadline. When a late entry is accepted, the racer may be seeded at the end of their age group.

Entry Fees

Maximum entry fees for U14 Series races have been established by the ACC

Organizers are required to make full entry refunds to racers who are removed from the board prior to the draw. Refunds for racers who are on the start order but do not start are at the discretion of the organizer. In general, when a team makes a conscientious effort to make a correct entry, the organizer should only charge for racers who start. Organizers who intend not to make refunds for DNSs should indicate this in their race announcement. If an organizer does not refund entry fees of first-run DNSs, then the head tax must be paid on these racers.

Head Tax

These races are subject to head taxes.

Team Captains' Meetings

The organizer should schedule the first Team Captains' Meeting at 7:00 p.m. to allow for travel time. Teams that are unable to attend a Team Captains' meeting for any reason should arrange to be represented by someone. It is the responsibility of all teams and independent racers to be aware of the decisions made at the meetings. Clubs or athletes represented by a Team Captain from another club must acknowledge in writing receipt of a copy of the Team Captains' Meeting Minutes and Program.

US Ski and Snowboard rules require that all racers be represented at all Team Captains' meetings. The organizer should call the roll at every meeting and exclude unrepresented racers from training and racing.

U14 World Cup Points

World Cup points are awarded to the top 60 athletes in U14 Series races using the "NEW" 200-1 World Cup Points System for the U14 Regional Championships and the Tri-Divisional Championships as follows:

U14 World Cup Points System			
<u>Place</u>	<u>Points</u>	<u>Place</u>	<u>Points</u>
1st	200	31 st	30
2nd	175	32 nd	29
3rd	155	33 rd	28
4th	140	34 th	27
5th	128	35 th	26
6th	118	36 th	25
7th	110	37 th	24
8th	103	38 th	23
9th	96	39 th	22
10th	90	40 th	21
11th	84	41 st	20
12th	79	42 nd	19
13th	74	43 rd	18
14th	70	44 th	17
15th	66	45 th	16
16th	63	46 th	15
17th	60	47 th	14
18th	57	48 th	13
19th	54	49 th	12
20th	51	50 th	11
21st	49	51 st	10
22nd	47	52 nd	9
23rd	45	53 rd	8
24th	43	54 th	7
25th	41	55 th	6
26th	39	56 th	5

27th	37	57 th	4
28th	35	58 th	3
29th	33	59 th	2
30th	31	60 th	1

Trophies

One set of trophies (1st-5th place) is required for U14 Series races.

Intermountain U14 Regional Championships Team

Intermountain will field a team of 24 men and 22 women to the U14 Regional Championships at Big Sky on March 21-24. IMD team members will travel with their parents but need to participate in all team activities during the event. IMD will provide a staff of 10 coaches to help with the entire team. All IMD staff members regardless of what team the coach and athlete are from will treat all athletes equally. All team members will receive a team jacket in order to represent our Division to the best of their abilities.

Athlete seeding at this event will be based on National Points in each discipline. IMD is given a pre-set number of spots within every seed in which we can place our skiers.

The U14 Championship Team will be named no later than March 5th.

Intermountain Tri-Divisional Championships Team

Intermountain will field a team of 48 men and 44 women to the Tri-Divisional Championships in Jackson Hole on March 21-24. Alaska Division's quota is 8 men and 12 women and Northern Division's quota is 14 men and 14 women. This event will consist of 1 SL, 1 GS and 1 SG.

The selection method for this series is the IMD World Cup Point Selection process to Intermountain selected Championship events with the following added provisions:

1. Athletes will be selected after the U14 Regional Championships selection has been announced, by continuing down the same selection board.
2. Will use the new 200-1 IMD World Cup Point system (shown above) rewarding points to the Top 60 per gender, per event.
3. Will use a ranking of the Total Score of the best 2 of 3 in all 3 events (SL, GS, SG).
4. Ties within Overall Rank are broken by using the best result, then continue with the 2nd best, 3rd best, and so on until the tie is broken.
5. 2019 Qualifiers are Sun Valley Tech, Snowbasin Speed and Park City Tech.

6. Alternates will be selected until the quota is filled.

Awards

A set of 1st place through 5th place awards are required per gender, per age class. In addition, an overall award per gender, per age class is required based on the best 2 of 3 world cup points.

U14 Selection to the U16 National Championship

U14s may advance to the U16 National Championships, if they win an event and place in the top 3 of another event at the U14 Regional Championships. Both 2005 and 2006 YOBS are eligible.

The North and South Series

The races in these series are not scored and are seeded using the TRS (totally random sort) method. The North races are open to U8-U12 racers and South races are open to U10-U12 racers. U14 and older racers who wish to compete in North and South races must have 300+ National points.

U10-12 Development in Slalom

Gate Usage in North and South events:

U10s and U12s in the North and South should use **27mm diameter and 152cm (60 in.)** height above snow US Ski and Snowboard approved gates.

Please refer to the US Ski and Snowboard Competition Guidelines

Course Requirements

These races must be run on courses that meet the US Ski and Snowboard standards for U12 and younger competitors. Please refer to the Alpine Competition Guide for current specs.

Slalom

Please refer to the US Ski and Snowboard Course setting matrix.

Race Announcements

For non-scored races include ticket window and lift opening times.

All participants in IMD races must be at least six years of age on December 31st of the competition season.

Entry Deadlines

The entry deadline is 72 hours before the draw.

Race organizers may refuse entries from teams and individuals that do not meet the entry deadline. When an organizer accepts a late entry, the racer may be run at the end of their age group.

Entry Fees

Maximum entry fees for North and South Series races have been established by the ACC.

Organizers are required to make full entry refunds to racers who are removed from the ranking board prior to the draw. Refunds for racers who are on the start order but do not start, are at the discretion of the organizer. In general, where a team has made a conscientious effort to make a correct entry, the organizer should only charge for racers who actually start. Organizers who intend not to make refunds for DNSs should indicate this in their race announcement. If an organizer does not refund the entry fees of first run DNSs, then head tax must be paid on these racers.

Head Tax

These races are subject to head taxes.

Team Captains' Meetings

The organizer should schedule the first Team Captains' Meeting at 7:00 p.m. to allow for travel time. Teams that are unable to attend a Team Captains' Meeting for any reason should arrange to be represented by someone who will be at the meeting. It is the responsibility of all teams and independent racers to be aware of the decisions that are made at the meetings. Clubs or athletes represented by a Team Captain from another club must acknowledge in writing receipt of a copy of the Team Captains' Meeting Minutes and Program.

US Ski and Snowboard rules require that all racers be represented at all Team Captains' meetings. The organizer should call the roll at every meeting and exclude any unrepresented racers from training and racing.

Start Order

All North and South races use TRS seeding by class for both runs. There will be two classes in the North and Series, U12 and younger and U14 and older. U8s will be allowed to race in North races in the U12 and younger class.

TRS seeding involves a random draw within class for the first run. For the second run, the first run start order is reversed within each class. First run DNFs and DSQs participate in the second run in their normal start position.

Trophies

One set of trophies is required for the U14 and older class, the U12 class and the U10 class. A set of 5 awards is required per gender, per age class.

Northern Division will be invited to send teams to each of the events.

The Intermountain Championships

The Intermountain Championship consists of a Slalom, Giant Slalom and Parallel Slalom. The quota will consist of 50 boys and 50 girls from the North and the South. Northern division will have a quota of 15m/15w. U8s are not allowed to compete in the IMD Championships. IMD will use the IMD World Cup Point Selection process to IMD selected Championship events. Qualifying races will be the North Series and the South Series. Alternates will be selected in the event that someone drops out. Selections will be based

on the best two results in slalom and the best two results in GS and then combined into one list, ties within Overall Rank are broken by the best result, 2nd best result, 3rd best result, and so on. If there is a tie for the last quota spot, all tied athletes will qualify for the event.

Qualifiers for the IMD Champs will be:

North- Snowking Giant Slaloms, Bogus Basin Slalom and Parallel Slalom and Sun Valley Slalom and Giant Slalom.

South- Park City Giant Slaloms, Sundance Slalom and Parallel Slalom and Snowbasin Slalom and Giant Slalom.

Invitations are issued the following week after the final qualification race of the season.

Selections for the Intermountain Championships will use the NEW 1-200 World Cup points system.

IMD Champs World Cup
Points System

Place	Points	Place	Points
1st	200	31 st	30
2nd	175	32 nd	29
3rd	155	33 rd	28
4th	140	34 th	27
5th	128	35 th	26
6th	118	36 th	25
7th	110	37 th	24
8th	103	38 th	23
9th	96	39 th	22
10th	90	40 th	21
11th	84	41 st	20
12th	79	42 nd	19
13th	74	43 rd	18
14th	70	44 th	17
15th	66	45 th	16
16th	63	46 th	15
17th	60	47 th	14
18th	57	48 th	13
19th	54	49 th	12
20th	51	50 th	11
21st	49	51 st	10
22nd	47	52 nd	9
23rd	45	53 rd	8
24th	43	54 th	7
25th	41	55 th	6
26th	39	56 th	5
27th	37	57 th	4

28th	35	58 th	3
29th	33	59 th	2
30th	31	60 th	1

Tri-Divisional Championships, IMD Championships and IMD Finals

Athletes must choose one end-of-season championship whenever possible. Depending on the calendar, a situation could arise where the IMD Finals are scheduled before the Tri-Divisionals. If an athlete was to go to the IMD Finals and subsequently qualifies for the Tri-Divisionals, he/she may attend if they were not qualified for the Tri-Divisionals when they attended the IMD Finals.

The IMD Finals

The Finals is a two-day event consisting of Slalom and Giant Slalom races. The event is open to all eligible competitors in the division, but a racer may not compete in another Championship event.

IMD Parallel Slalom Protocol

1. **Dual Events** should take place on the last day of the series to prevent athletes from being tired for the other events.
2. **Course Set** – 10 to 20 meters with a length of time at least 20 seconds.
 - a. SL sets should be 10-13 meters
 - b. GS sets should be 15-20 meters
3. **Seeding** – TBD by the Development Committee.
4. **All athletes** will take 1 run on the blue course and 1 run on the red course. The fastest combined time will win.
5. **Timing** – Each course will have independent timing.
6. **DNF/DSQ** – in the instance of an athlete not finishing a run, the athlete will be dnf'd or dsq'd but will get a second run.
7. **No hiking** in Parallel events, 614.2.3.
8. **Causes for disqualifications are the following:**
 1. changing from one course to another
 2. interfering with an opponent, voluntarily or not
 3. Not passing through a gate correctly
 4. Steps back
 5. False start

Racers who qualify and compete in IMD Champs, cannot compete in the YSL Finals.

Development Projects

IMD will host 3 projects: a Speed Development Project at Grand Targhee on January 19-21, a Spring Development Project on April 6-8 at Grand Targhee, and a competition project in Vail Colorado on March 30-31.

The Speed Development Project

The goal of this project to provide a progression of skills needed to succeed in SG events.

Quota: 30m/30w- All 1st year U14s will be listed. We will take the first 40 per gender to confirm.

Spring Development Project

The goal of this project is to create a fun environment where top-level athletes can unite providing an opportunity to push each other to new levels as they execute a variety of challenges and tasks.

Quota: 20m/20w: 15m/15w- 1st year U14s will be selected from U14 rankings and 5m/5w selected from 2nd year U12s based on performance at the IMD Championship.

Colorado Project

The goal of this project to provide an out-of-region race experience for our top 1st year U14 athletes.

Quota: 6m/6w: Selected from the U14 rankings. Only 1st years will be allowed. Athletes must choose to attend this project or the IMD Spring project, not both.

South Youth Ski League Series

The races in this series are not scored and are seeded by age groups. U8/U10/U12 (6-11 years old) racers are eligible for YSL races. Within groups, the start order will be determined by random draw. Printed results are required for these races, and the TD must complete a report; copies of which are to be sent to the IMD Office, the IMD Alpine Officials Chairman, and the Chairman of the IMD YSL Committee. The races are giant slaloms with one to two entry-level slalom courses, and all YSL races will be a one run race.

YSL Eligibility

Once an athlete receives a top 5 placement within the U10 or U12 age class in the South Series they will no longer be eligible to race in the YSL Series

South Race Groups and Schedule

The YSL has been divided into four groups, to decrease the field size at each race, keeping the days shorter. This also allows for different medal winners, with different competitors at each race. The schedule is set up by the YSL committee every fall via a YSL Committee conference call.

2019 YSL Race Schedule

	Sat 1/26	Sun 1/27	Sat 2/9	Sun 2/10	Sat 2/23	Sun 2/24	Sat/Sun 3/9-10
Venue	Snowbird	Snowbird	Brighton	Sundance	Sundance	Sundance	Brianhead
	GS	GS	GS	GS	SL	SL	GS
M A R C H		Alta Brianhead	Alta Brianhead		Brianhead Brighton	Alta	Alta Brianhead
	Brighton		Brighton		Cache Valley		Brighton
	Cache Valley		Cache Valley				Cache Valley
	SBN		SBN			SBN	SBN
		Park City Farm		Park City Farm		Park City Farm	Park City Farm
	PCski		PCski		PCski		PCski
		PCSS Devos		PCSS Devos	PCSS Devos		PCSS Devos
	PCSS YSL		PCSS YSL		PCSS YSL		PCSS YSL
	Rowmark		Rowmark			Rowmark	Rowmark
	Snowbird	Snowbird	Snowbird	Snowbird	Snowbird	Snowbird	Snowbird
Solitude		Solitude			Solitude	Solitude	
Sundance			Sundance	Sundance		Sundance	

*Teams highlighted in gray will attend those races

*PCSS Devos=Park City 3 day a week program

*PCSS YSL=Park City Sunday Only program

*PC Ski- Mike Swing's Program

Independent YSL racers may pick one day out of each weekend. They may not race on both days.

Course Requirements

Races in these series are open to all U12 and younger competitors and must be run on courses that meet the US Ski and Snowboard standards. Please refer to the Alpine Competition Guide for specs. **IMD states that no combinations or delay gates be set at this race series.**

The course name, start and finish elevations, vertical drop, and gate counts must be included in the results.

Every YSL course will be a one run race, with alternating red/blue gates, recommended open GS on a moderate slope. In recognition of the YSL series serving as our introduction to the sport, course sets should be simple in nature and be set to the ability of the athlete. We request that there are no combination gates or delays set.

The start area for the race should be picked with consideration for the safety of the young, inexperienced racers (i.e. terrain that allows standing and the placement of equipment).

GS helmets that conform to competition equipment specifications are required for all competitors in all IMD YSL races. This means hard ear helmets are required for GS.

Entries

These races are open to all U8, U10, and U12 US Ski and Snowboard members. Participants in these races must have a US Ski and Snowboard Alpine Youth membership and an IMD Youth license. Competitors must be at least six years of age as of December 31 of the competition season in order to participate in any IMD race.

Racers from Pebble Creek Ski Team are allowed to enter YSL races in either the North or the South section.

Team entries should include only those racers who are expected to participate. It should not be a roster of the entire team. Entries must include name, sex, date of birth and USSA ID numbers. Teams are required to supply two parent volunteers for gate judging at each race they attend, when requested.

Entry Deadlines and Race Announcements

Entry deadlines are as specified by the organizer in the race announcement, generally 1 or 2 days before the race. Entries received after the entry deadline may be refused by the organizer or, if accepted, the late registering racers may be run at the end of their age group. All athletes will be entered by teams, starting with the first race. For non-scored races include ticket window and lift opening times.

Entry Fees

The maximum entry fee for races in the South is \$20.00 per start. Organizers are encouraged to charge entry fees only for those racers who actually start in the race, but they may charge a full or partial entry for all entered racers if they note this in the race announcement. An athlete cannot change their team status or claim an independent status midway through the race season without written permission of their previous team and the YSL Chairman. All independent race entries received by race organizers should be emailed to the YSL Chairman for approval, before being entered into the race.

Head Tax

These races are subject to head taxes.

Coaches' Passes

The organizer must supply complimentary lift passes for the licensed coaches of registered Intermountain teams (see the reference in Elements Common to all Races), but the organizer has no obligation to supply complimentary lift passes to, or allow course access by, other individuals, including the parents of independent racers who may be acting as coaches for their children. No unlicensed individuals are allowed on course.

Team Captains Meeting

Team Captains meetings must be held. Team Captains meetings should be scheduled on the morning of the race to give the Race Organizer and the Jury an opportunity to meet with the coaches. Such meeting is an inseparable and a mandatory part of the competition and is important for communication of Jury instructions, support of the ROC,

as well as conveying ROC requests and information. It is also a critical element for risk management and liability-related matters.

Start Order

These races are seeded by age groups, with the youngest group starting first. The age groups are: U8 (age 6-7), U10 (age 8-9), U12 (age 10-11). These ages are based on the age of the athlete as of December 31st. Racers who are not at least six years of age by December 31st of the competition season may not participate in Intermountain races.

The start order will be U8 girls followed by U8 boys, U10 girls, U12 girls, and lastly U10 boys followed by U12 boys. Within groups, the start order is determined by TRS draw. Late entries, if accepted, may be run at the end of their age group.

In exceptional circumstances, the Jury may change the start order of the classes and/or the sexes. It is common to allow athletes who missed their start an opportunity to race at the end of their age class. Athletes who miss their start should be inserted at the end of their age class/gender.

Results

Results should be sorted by class and should show finish position and times only. A penalty is not calculated for these races.

Awards

Awards (first to tenth) will be awarded for boys and girls in each age group. Organizers are REQUIRED to provide awards for 1st to 10th and it is suggested a ribbon for all participants.

The IMD YSL Committee (South YSL)

The Intermountain Youth Ski League Committee consists of interested individuals from programs involved in YSL racing and a representative of the Officials Committee.

The committee:

- 1.** prepares guidelines for organizers and TDs for these races to help them understand the requirements for hosting a YSL race and the rules under which the races are run,
- 2.** recommends rule changes or new rules for the series to the ACC, and
- 3.** provides a communication path for programs that participate in and host YSL race

A directory of all IMD Alpine Teams can be found at www.imdalpine.org

All Athletes need to be familiar with the United States Ski and Snowboard Association Code of Conduct. Please see below.



CODE OF CONDUCT

Membership in U.S. Ski & Snowboard is a privilege, not a right. All U.S. Ski & Snowboard members when participating in any U.S. Ski & Snowboard activity must agree to conduct themselves according to U.S. Ski & Snowboard's core values of Integrity, Passion, Fun, Team, Community, Excellence, and Grit and abide by the spirit and dictates of this Code of Conduct. All members must agree to comport themselves in a sportsmanlike manner, and are responsible for their actions while attending or participating in all U.S. Ski & Snowboard activities (including but not limited to camps, competitions, and projects).

Sportsmanlike conduct is defined as, but is not limited to: respect for competition officials, resort employees, fellow members, and the skiing and snowboarding public, respect for facilities, privileges and operating procedures, the use of courtesy and good manners, acting responsibly and maturely, refraining from the use of profane or abusive language, and abstinence from illegal or immoderate use of alcohol and use of illegal or banned drugs.

While participating in any U.S. Ski & Snowboard activity:

1. U.S. Ski & Snowboard members shall be subject to the jurisdiction of the International Ski Federation (FIS) Statutes, the United States Olympic Committee (USOC) Bylaws, the U.S. Ski & Snowboard Bylaws, and the U.S. Ski & Snowboard Code of Conduct.
2. U.S. Ski & Snowboard members shall conduct themselves at all times and in all places as befits worthy representatives of the United States of America, the United States Olympic Committee, U.S. Ski & Snowboard, their region, division, state or club and in accordance with the best traditions of national and international competition.
3. U.S. Ski & Snowboard members are responsible for knowledge of and adherence to competition rules and procedures. Members are also responsible for knowledge of and adherence to the rules and procedures of the U.S. Ski & Snowboard national teams, camps or other projects when participating in such.
4. U.S. Ski & Snowboard members shall maintain high standards of moral and ethical conduct, which includes self-control and responsible behavior, consideration for the physical and emotional well being of others, and courtesy and good manners
5. U.S. Ski & Snowboard members shall abide by U.S. Ski & Snowboard rules and procedures while traveling to and from and participating in official U.S. Ski & Snowboard activities.
6. U.S. Ski & Snowboard members shall abstain from illegal and/or immoderate consumption of alcohol. Absolutely no consumption of alcohol is permitted for those individuals under the age of 21. Members under 21 years of age shall not participate in gatherings involving consumption of alcohol unless it is an official U.S. Ski & Snowboard or event organizer function.
7. No U.S. Ski & Snowboard member shall violate the customs, travel or currency regulations of a country while traveling with a U.S. Ski & Snowboard group or on a U.S. Ski & Snowboard ticket.
8. No U.S. Ski & Snowboard member shall commit a criminal act.